**Ah Xian**

**‘*Metaphysica’***

**Activity**



Create a portrait of yourself or a person you admire and reflect on aspects of them that capture your imagination. Using Ah Xians *Metaphysica* concept, choose an object to help represent this person.

Throughout your art practice consider the following;

•    What is your heritage?

•    What does this mean to you?

•    What are some traditional art forms specific to your culture and heritage?

•    How could these be reinterpreted in contemporary culture?

•    What symbols or metaphors do you associate them with?

•    What symbolic objects does this person love, appreciate or enjoy?

•    Are there any cultural motifs you can include that are related to the person’s heritage?

•    Is there a particular artistic technique that corresponds with the person’s heritage, interests or background?

•    Think about colour and texture, and how these might affect meaning.

•    Choose a medium (plaster, resin, pen and ink, watercolour, or found objects) to represent the person.

Please, make sure all of your process is documented in your VAPD for submission.